



Steve Helton



Glen Moore

have teamed up again to serve as facilitators for the program, **On My Shoulders**.

This curriculum is NOT about focusing on the deficits of men, but rather understanding their barriers and providing possible solutions. Themes that are introduced early and carried throughout are: the importance of fathers in the lives of their children, the value of understanding and accepting oneself, and the power of new skills that promote healthy relationships.

This curriculum empowers individuals to...

- Learn to replace communication danger signs with proactive strategies for respectful talking and listening.
- Explore the role that personality plays in relationships with others - especially with their kids.
- Keep a Gratitude Log to help recognize and practice expressing gratitude as a building block of happiness.
- Acknowledge and carefully consider the role discipline takes in their household.
- Consider secure and insecure attachments.
- Practice strong assertive positive communication.
- Discuss the forces in society that serve to stereotype or limit a man's role.
- Understand the importance of commitment.



Guernsey Dads is a community based initiative that is being built to focus on improving the lives of fathers, their children and families. We are working in concert with local agencies, businesses and organizations to improve our community wellbeing in the home, on the job and in our schools.

This collaborative development is being supported by the



And given administrative support through the



Board of Directors

Visit www.foreverdads.com to learn about our fatherhood and parenting activities, programs as well as community engagement events.

Note: our website www.GuernseyDads.com is under construction.



www.GuernseyDads.com

Parenting programming that serves moms as well as dads is being offered.

MoM AS GATEWAY / UNDERSTANDING DAD as well as **On My Shoulders** are programs designed specifically to strengthen and or rebuild the parenting relationship.

Burl Lemon, Executive Director of *ForeverDads* has long stated that “if we keep our eyes on the child, we will always make a right decision.”

These small group settings were specifically created and are being offered to help families grow strong.

Both of these independent small group gatherings will be held at the same time, same location, over the same period of weeks to allow both parents to participate if they choose. **Certificates of Completion** will be issued at the end of the eight (8) session cycle. These programs may satisfy court required family programming classes.

Thursday evenings, 5:30pm - 7:30pm
September 29th - November 17th
Eight (8) Small Group Sessions
Stop Nine Church - Byesville

Pre-Registration is required and can be easily done one of two ways:

Register Online www.foreverdads.com

By Phone (740) 453-1323



New to Guernsey County

Studies show that mother’s perceptions greatly influence father’s involvement; therefore mothers are a key factor for getting fathers involved. When both parents can effectively co-parent together, their children benefit greatly.

A combination of workshop sessions will be offered:

Mom As Gateway workshops help break down barriers between mothers and fathers by addressing what is known as Maternal Gatekeeping - when a mother’s beliefs about a father, as well as her behaviors, hinder a father’s involvement - and facilitate helpful discussions and efforts towards co-parenting.

Understanding Dad, is a unique curriculum that helps mothers improve the relationships they have with fathers, for the benefit of their children.

Unfortunately, many times it's the mothers' gatekeeping behavior that can prevent or reduce fathers' access to their children - when fathers' involvement in their children's lives would actually benefit their children. In addition, mothers can lack the self-awareness and communications skills they need to improve their relationships with the fathers of their children.



Liesta Walker

Liesta Walker is an Assistant Professor of Child and Family Studies at Ohio University – Zanesville, also a graduate of Ohio University where she has earned two Undergrad and two Masters Degrees. Liesta holds a license in Mental Health counseling and is a partner at The Center for Personal Empowerment in Zanesville. Liesta serves on several committees’ and boards in the community including: Genesis - Spirit of Women advisory board, an organization that is dedicated to the health, education and overall wellbeing of women in the Muskingum tri county area; she is also the past president of: PURE (Putnam Underground Railroad Education Center).

Liesta is honored to be a past recipient of the Muskingum Family Y Women of Achievement Award in Education as well as a recipient of the NAACP Educators award. She loves music, cooking and enjoys spending time with family, especially her grandchildren.

Liesta is a dedicated member of Hands of Faith Church where she directs the choir and the praise team. Liesta states that her life is focused on living daily for Christ while trying to present an attitude of excellence in all things.