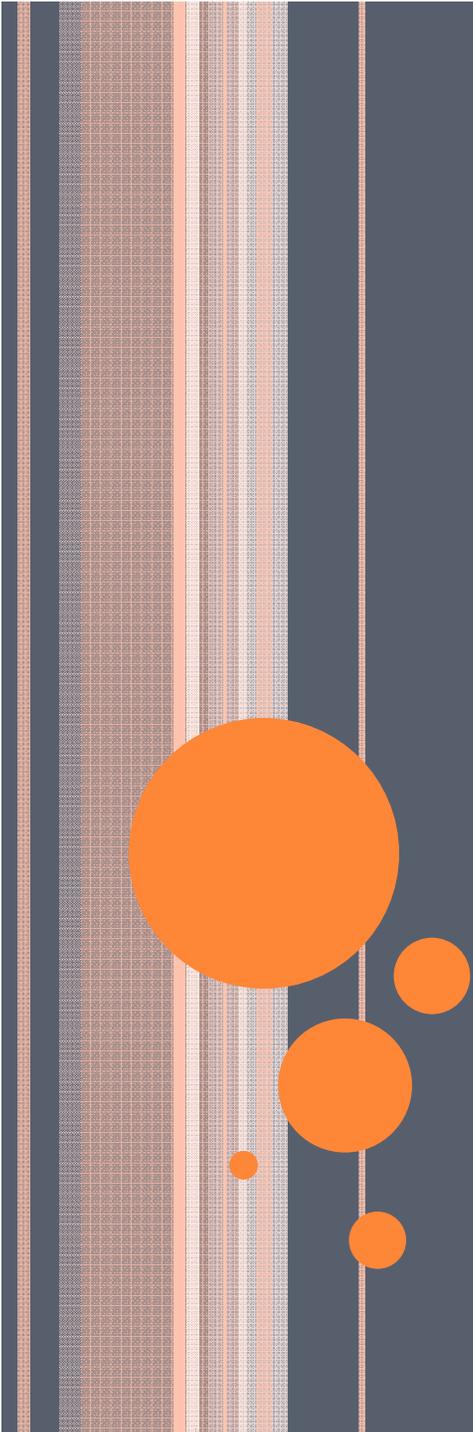


**FATHER 2
FATHER AT
MOMS2B**

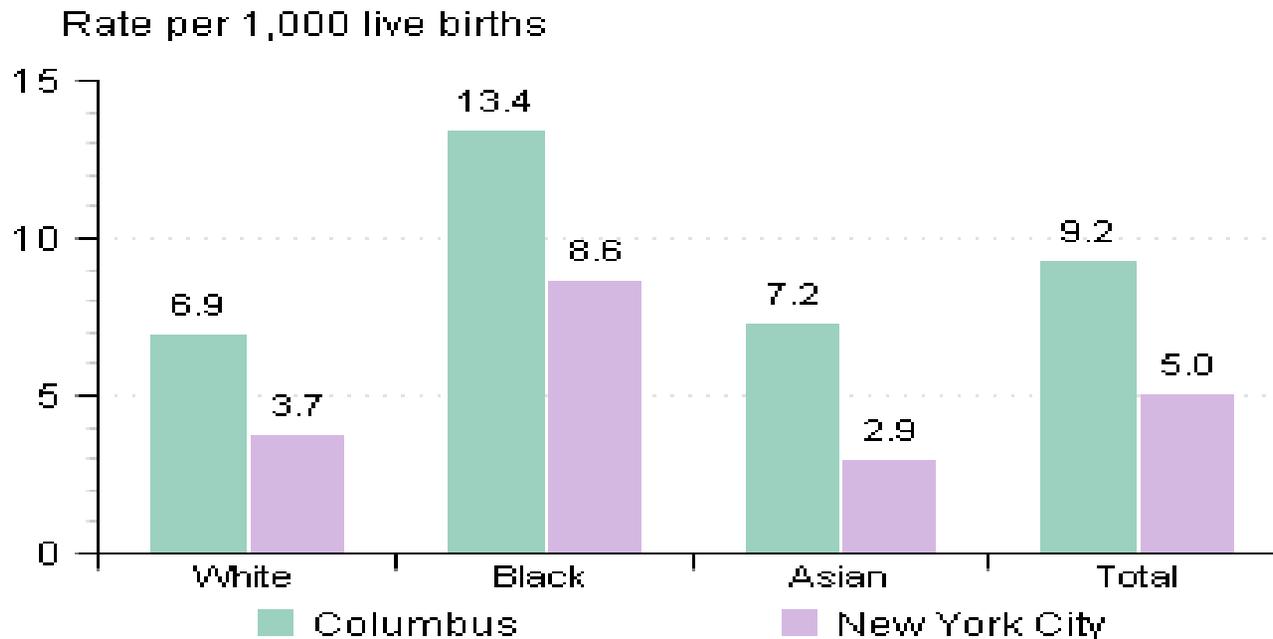
**Moms2B and Columbus Urban
League Collaboration**



**MOMS2B: REDUCING INFANT
MORTALITY THROUGH
PROVIDING EDUCATION AND
SOCIAL SUPPORT**

MOMS2B: WHAT IS INFANT MORTALITY?

- Infant Mortality – the death of a live born infant before 365 days of age
- Infant Mortality Rate – the number of infant deaths per 1000 live births



from March of Dimes accessed April 2014 data from 2007-2009



**AFRICAN AMERICAN
INFANT MORTALITY**

#49 out of 50 STATES

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17
18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34
35 36 37 38 39 40 41 42 43 44 45 46 47 48 **49** 50

**OVERALL
INFANT MORTALITY**

#47 out of 50 STATES

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17
18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34
35 36 37 38 39 40 41 42 43 44 45 46 **47** 48 49 50



MOMS2B: HOW DID WE GET STARTED?

Moms2B started in 2010 at our Weinland Park location as a Healthy Food and Nutrition Program for pregnant women

We started with only 5 moms in a 10 week program and we now support moms until their babies turn 1 and we serve over 90 moms and dads each week at four different locations!



WHAT IS MOMS2B?

A weekly support and education program that meets in high-risk neighborhoods in order to help moms have a healthy pregnancy. We serve moms in areas where infant mortality is the highest.

- **MOMS2B SOUTH** Every Monday 3:00-5:00 pm
- **MOMS2B WEINLAND PARK** Every Wednesday 11:00 am-1:00 pm
- **MOMS2B AT MT. CARMEL WEST** Every Thursday 11:00 a.m.-1:00 p.m.
- **MOMS2B EAST** Every Thursday 4:30-6:30 p.m.



WHAT IS MOMS2B?

- Examples of the weekly topics: :
 - Healthy Eating
 - Safe sleep
 - Breastfeeding
 - Stress Reduction
 - Safe Spacing
 - Baby Development
 - Soothing babies
 - We also meet with moms individually about their needs



Why do babies cry?

Babies cry to communicate with you that they are:

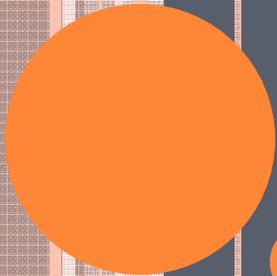
- Hungry
- In need of being burped
- In need a diaper change
- Too hot or too cold
- Scared or lonely
- In pain or uncomfortable or sick
- Over-tired or over-stimulated
- Teething
- Frustrated with trying new things, such as potty training and eating food

It is never okay to shake a baby!

But it can sometimes happen when people are frustrated with a crying baby that can't stop

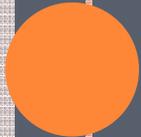
Tips for Calming babies

- Hold the baby close to you or do skin to skin
- Walk or gently rock the baby
- Wrap the baby in a soft blanket
- Offer the breast or a pacifier
- Play soft music; hum or sing to the baby
- Run the vacuum, dryer, dishwasher or fan
- Place the baby in a swing
- Lay the baby across your lap and gently rub or tap their back
- If all else fails
 - Place the baby on their back in a safe crib or pack n play and walk away for 5 to 10 minutes to give yourself time to breathe
 - Call a friend or trusted relative to ask for help



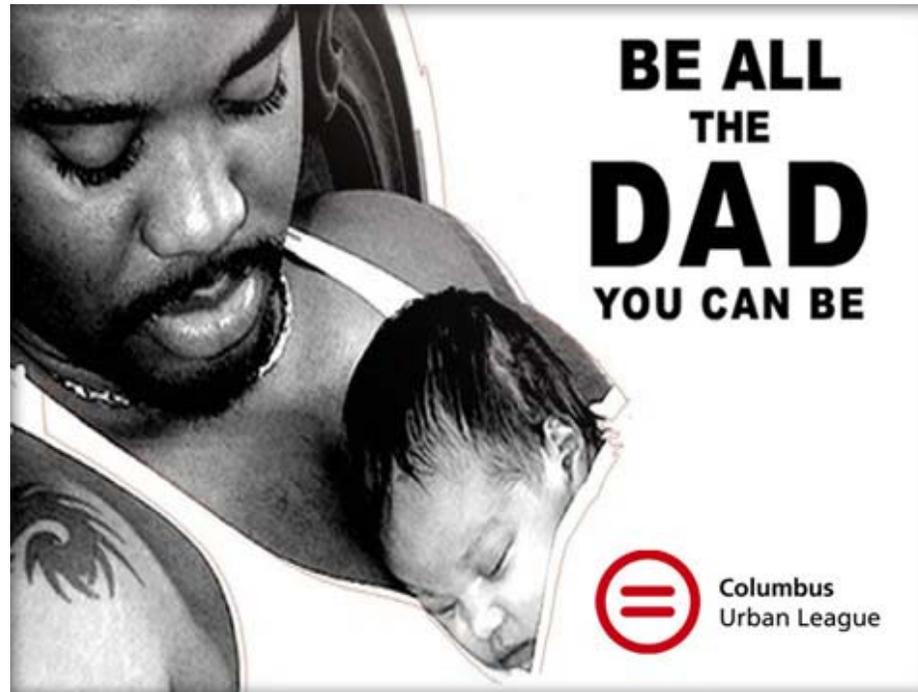
COLUMBUS URBAN LEAGUE

Father 2 Father



FATHER 2 FATHER

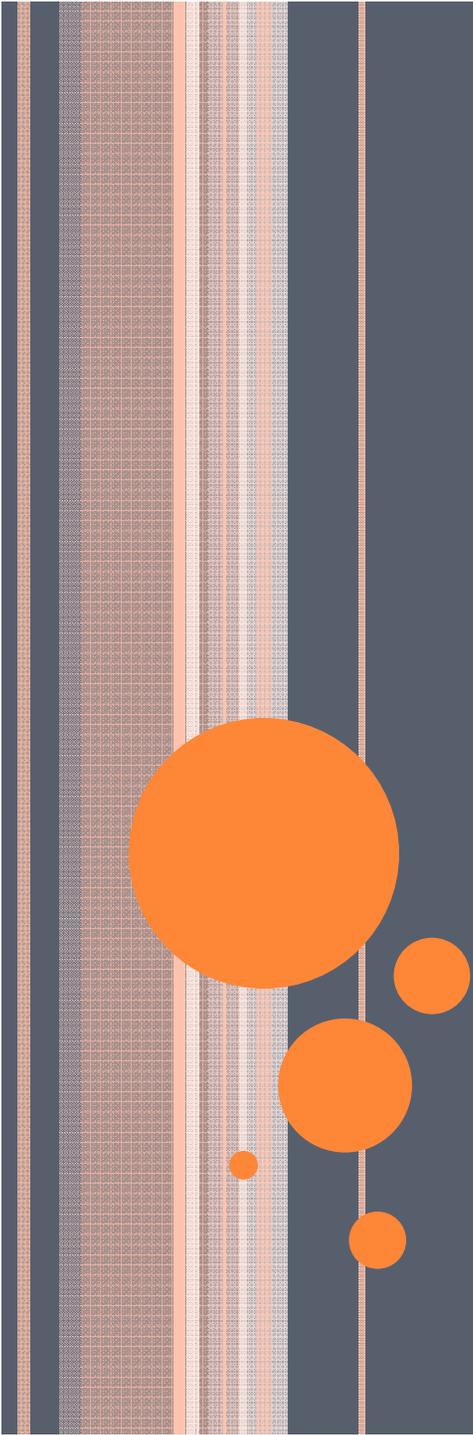
- Assists men with becoming responsible, nurturing, and instinctive fathers.
- Utilizes the Nurturing Fatherhood curriculum.
- Educates the community on the important role of fatherhood in the children's development.



FATHER 2 FATHER

- Father 2 Father also offers assistance in the following areas:
 - Helps dads learn Parenting Skills
 - Helps dads understand their Parental Rights - Access/Visitation
 - Child Support Management
 - Parent/Child Engagement
 - And can help support dads involved with children services





FATHER 2 FATHER AT MOMS2B

Starting the Collaborating

HAVING FATHER 2 FATHER AT MOMS2B

- Moms2B encourages all moms to bring a support person and for some moms that is the father of the baby.



- Some moms do not have good relationships with the father of their children and we wanted to improve the mindset about the father's role in a child's life



FATHER 2 FATHER AT MOMS2B

- Dads would often come to Moms2B and need support and education, however our topics were geared toward the mothers.
- We found that many dads needed help with child support, children services, and finding a job in addition to education and we didn't have the resources they needed.
- The next natural step was to ask for help!



WHAT DOES IT LOOK LIKE?

- Provides education during group lessons about the importance of fatherhood.
- Connecting dads to other dads.
- Provides dads with incentives for coming.
- Mentors meet with dads individually.
- Dads meet in a separate group to discuss important dad related topics.



THE ROLE OF MENTORS

- Mentors are dads who went through the Father 2 Father program and graduated!
- At least two mentors come to each location and meet with dads individually and assist with facilitating the dad group.



BOOT CAMP FOR DADS

A special event funded through the grant from the Ohio Commission on Fatherhood



HOW HAS IT BEEN SUCCESSFUL?

- Dads report feeling more involved and connected to other dads.
- Moms report a better relationship with their parenting partners.
- We've connected with over 50 dads.
- Dads report feel more confident and knowledgeable about the birthing process and parenting in general.
- This would not be possible without the continued support of the Ohio Commission on Fatherhood.

○ <https://youtu.be/95dipjExX8E>



QUESTIONS?

