



Children's Hunger Alliance

ADDRESSING CHILDHOOD HUNGER IN OHIO



Overview

About Us

Childhood Hunger in Ohio

How We Address the Problem

How You Can Help

Q&A





Who We Are

Our Mission

Children's Hunger Alliance is a statewide nonprofit organization dedicated to ending childhood hunger in Ohio. Helped to provide nearly 5 million meals and snacks to food-insecure children in 2016.

Our mission is to ensure that children without access receive healthy food, nutrition education and physical activity.

- Founded in 1970
- Central Office in Columbus, Ohio
- 50 staff members
- Serving Ohio's 88 counties
- Regional Office locations in Cincinnati, Cleveland, and Toledo





Childhood Hunger in Ohio

How big is the problem?

- 1 in 5 children affected.
- Approx. 575,000 Ohio children live in food- insecure households.
- Ohio ranks 15th highest in the nation for child food insecurity.

What is food insecurity or food hardship?

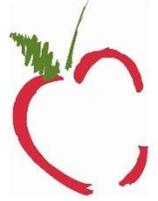
- Not knowing where your next meal is coming from.
- Forced to skip meals or eat less due to lack of resources.

How does hunger affect children?

- Cognitive Developmental Delays
- Emotional
- Physical
- Inability to concentrate
- Failure to learn, thrive



How We Address Childhood Hunger



Different Hunger Relief Models

- Monthly family supplements, such as SNAP
- Emergency food banks
- Federal nutrition programs
 - The United States Department of Agriculture (USDA) offers the following programs to reach children:
 - National School Lunch Program
 - School Breakfast Program
 - Summer Food Service Program
 - Child and Adult Care Food Program (CACFP)
 - In-home child care providers
 - Daycare centers





Daycare Providers

Early Childhood Nutrition

- Family child care providers (900)
- Daycare centers (15)
- Train providers on how to prepare healthy meals and snacks
- Help build meal menus that meet the nutrition needs
- Providers are reimbursed for the cost of meals based on income eligibility.



Early Childhood Nutrition Education

- EatPlayGrow
- Teaching children 6 and under how to eat healthy and stay physically active
- Addresses early childhood obesity





Afterschool Nutrition

Afterschool Meals and Snacks

- 275+ afterschool programs supported
- Libraries, parks and recreation programs, churches, YMCA, Salvation Army, etc.
- 1 million meals and snacks served last year
- Helps with concentration on homework; energy for activities
- Without afterschool meals – kids will go to bed hungry

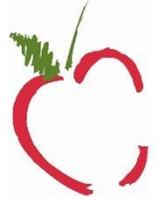


CATCH Kids Nutrition Education

- More than 2,000 school-aged children participated in our CATCH kids 10-week nutrition education and physical activity programs



Summer Nutrition Programs



Increase Access to Summer Nutrition Programs

- Increase number of summer meal sites
 - Schools, community centers and day camps
 - Lobbied to pass legislation requiring schools to allow meal sponsors to operate during the summer
- Only 10% of kids with free/reduced-price lunch participate in a summer meal program.
- Children's Hunger Alliance works with community partners to overcome barriers to increase participation in the summer meal program.





School Breakfast

Increase Access to School Breakfast Programs

- Expand school breakfast programs so that more children can start the day with a healthy meal.
- Of Ohio children eligible to receive free- or reduced-priced school lunch, 54% participate in school breakfast.
- We work with schools to overcome barriers to breakfast participation.
- School Breakfast increases a student's ability to concentrate; perform better on standardized tests; reduces tardiness and trips to nurses office.



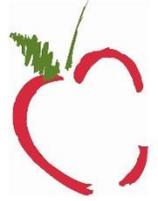


How the Community Can Help

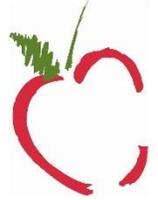
- Donate
 - Every \$1 can provide up to three healthy meals or snacks.
- Become a social media ambassador and spread awareness
- Advocate for legislation to make meals more accessible



FY 2018-19 Biennial Budget Request- HB 49



Summer Meals Legislation- HB 80/SB 54



HOUSE BILL 80
Third Consideration

Permits non-profit organizations to operate summer food programs in a school facility, helping to increase access to meals for those students who are typically eligible for free or reduced lunch.

This helps school districts that cannot operate a summer meal program to still provide that service to students through an outside organization, should the school decide.

Sponsored by Reps. LaTourette and K. Smith

 OHIO HOUSE
Republicans



Next Steps—Breakfast After the Bell

FRAC
Food Research & Action Center

Breakfast After the Bell

Schools can make breakfast part of the school day through the following options:

Breakfast in the Classroom: Meals can either be delivered to the classroom or be served from the cafeteria or carts in the hallway, to be eaten in the classroom at the start of the school day.

Grab and Go: Children can easily grab the components of their breakfast quickly from carts or kiosks in the hallway or the cafeteria line, to eat in their classroom.

Second Chance: Students are offered a second chance to eat breakfast after homeroom or first period.





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