

100 Free Things to do with Your Child

The best thing you can give your kids is happy memories. Have fun together. Here is a list of ways to have fun with your kids without spending a lot of money:

1. Read a book
2. Write stories together
3. Play soccer
4. Paint or draw together
5. Create a fort in your living room out of blankets or cardboard boxes
6. Go on a hike
7. Have a sunset picnic at a park or beach
8. Play board games
9. Play kickball
10. Get up early, pack breakfast, and have a sunrise breakfast
11. Go to a museum – many have free family days and events
12. Go to a playground
13. Play hide-and-seek
14. Have a pillow fight
15. Ride bikes
16. Build sandcastles
17. Check out a free DVD from the library and make popcorn.
18. Tell stories
19. Create a scavenger hunt for your kids
20. Make mazes or puzzles for each other to solve
21. Play card games
22. Garden together
23. Bake cookies with your kids
24. Go to the zoo
25. Go to the library
26. Shop at a thrift shop
27. Create a blog together
28. Create a scrapbook
29. Make a movie using a camcorder and computer
30. Ask your kids to tell you their favorite memory – then share yours
31. Finger-paint
32. Make play dough from scratch
33. Make homemade mini pizzas
34. Go to COSI
35. Make hand-painted T-shirts
36. Set up a hammock, make lemonade, and relax
37. Go to a pool
38. Go to a public place, people watch, and make up imaginary stories about people
39. Visit family
40. Write letters to family
41. Paint or decorate the kids' room

42. Make milkshakes
43. Play freeze tag
44. Help a neighbor together with your kids
45. Build with blocks
46. Do a science experiment
47. Play games online
48. Teach them to play chess or checkers
49. Learn magic tricks
50. Create a family book, with information and pictures about each family member
51. Go fly a kite
52. Learn something new together
53. Barbecue
54. Volunteer together
55. Donate stuff to charity
56. Compete in a three-legged or other race
57. Create an obstacle course
58. Pitch a tent and sleep outside
59. Roast marshmallows
60. Play loud music and dance crazy.
61. Write a play and perform it for other family members
62. Paint each other's faces
63. Have a water balloon fight
64. Have a gun-fight with foam dart guns
65. Explore your yard and look for insects
66. Go for a walk and explore the neighborhood
67. Go jogging
68. Take pictures of nature
69. Play a trivia game
70. Make up trivia questions about each other
71. Make hot cocoa
72. Play house
73. Decorate the house with decorations you make
74. Make popsicles
75. Play school
76. Make shadow puppets
77. Make a comic book
78. Play in the rain
79. Make mud pies
80. Blow bubbles
81. Take turns saying tongue twisters
82. Sing songs
83. Tell ghost stories in the dark with a flashlight
84. Build with Legos
85. Give them a bubble bath
86. Make things out of found objects
87. Play catch

88. Play Nerf football
89. Build a rocket from a kit
90. Bake a cake and decorate it
91. Play dress-up
92. Thumb-wrestle or have a tickle fight.
93. Make a gingerbread house or decorate gingerbread men.
94. Learn and tell each other jokes
95. Play basketball
96. Learn to juggle
97. Walk barefoot in the grass and pick flowers
98. Build paper airplanes and have a flying contest
99. Prank call their grandparents, using disguised, humorous voices
100. Add things to this list!

YOUR KID'S LIFE IS BETTER WITH YOU IN IT.

